

# Flu Vaccination: Who Should Do It, Who Should Not

FIGHT FLU



Everyone 6 months and older should get an annual flu vaccine, with rare exceptions. Talk to your doctor or nurse if you have any questions about which flu vaccines are best for you and your family.

Vaccination to prevent flu is particularly important for people who are at high risk for serious complications from flu. For a complete list of people who are at higher risk for flu complications, visit: [https://www.cdc.gov/flu/about/disease/high\\_risk.htm](https://www.cdc.gov/flu/about/disease/high_risk.htm).

*For the 2017-2018 season, CDC recommends use of injectable flu vaccines--inactivated influenza vaccine (or IIV) or the recombinant influenza vaccine (RIV).*

Some people should not be vaccinated, or should talk with their healthcare provider before receiving the vaccine.

People who can't get a flu shot:	People who should talk to their doctor before getting a flu shot:
<ul style="list-style-type: none"> <li>• Children younger than 6 months are too young to get a flu shot.</li> <li>• People with severe, life-threatening allergies to flu vaccine or any ingredient in the vaccine. This might include gelatin, antibiotics, or other ingredients. See <a href="#">Special Considerations Regarding Egg Allergy</a> for more information about egg allergies and flu vaccine.</li> </ul>	<ul style="list-style-type: none"> <li>• If you have an allergy to eggs, talk to your doctor about your allergy. See CDC's <a href="#">Special Considerations Regarding Egg Allergy</a> for more information about egg allergies and flu vaccine.</li> <li>• If you ever had Guillain-Barré Syndrome (a severe paralyzing illness, also called GBS). Some people with a history of GBS should not get this vaccine. Talk to your doctor about your GBS history.</li> <li>• If you are not feeling well, talk to your doctor about your symptoms.</li> </ul>

**Note:** There are certain flu shots that have different age indications. For example, people younger than 65 years of age should not get the [high-dose flu shot](#) or the [flu shot with adjuvant](#) and people who are younger than 18 years old or older than 64 years old should not get the [intradermal flu shot](#).

For more information, visit:  
[www.cdc.gov/flu](http://www.cdc.gov/flu)  
or call **1-800-CDC-INFO**



**U.S. Department of Health and Human Services**  
Centers for Disease Control and Prevention